



# HOLBEACH MARSH TRAINING GROUP

## Health and Safety Awareness Course

The course provides an overview of legislation and a greater awareness of health and safety in the workplace. It is suitable for workers in all sectors of industry. Topics covered:

- Health and Safety Law
- Who is responsible for health and safety
- Health and Safety management
- Workplace Safety
- Work Equipment
- Manual Handling
- COSHH
- Work with height/with services /in confined spaces
- Housekeeping and Fire Prevention
- Accident recording, reporting and Emergency Procedures (first aid)
- Personal protective equipment
- Noise at work
- Safety of other site users, eg. contractors working at height
- Risk assessments and safe systems of work simply explained - what they are, what they're all about